



## De Roza Jacqueline Giovanna

Assistant Director of Nursing, Nursing Services, NHGP

Research Interests:

- Chronic Disease Management
- Care of Older Adults
- Primary Care Nursing

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### Biography

De Roza Jacqueline Giovanna is the Assistant Director of Nursing at the National Healthcare Group Polyclinics. She completed her basic Degree in Nursing and Masters in Gerontology at the University of Sydney and Singapore Institute of Management, followed by Advanced Diploma in Nursing (Community Health) at Nanyang Polytechnic and Masters in Nursing at the National University of Singapore. De Roza Jacqueline Giovanna is the APN Lead of the NHG Cluster Committee of Advanced Practice Nurse (APN) Committee, as well as the co-lead of the NHGP Nursing Gerontology Community of Practice and the NHGP Nursing EBN & Research Community of Practice. Currently, she is undergoing her research training as an awardee of the NHG-LKCMedicine Clinician-Scientist Preparatory Programme (CSPP).

### Selected Publications

- Wang SZ, Tan GC, Wang XF, **De Roza JG**, Lim LL & Kandiah N. Experience with a Community-based Multidisciplinary Memory Clinic: A Primary Care Perspective. *Annals of the Academy of Medicine, Singapore*. 2017 Aug.
- **De Roza JG**, Fong MK, Ang BL, Sadon RB, Koh EYL, Teo SSH. Exclusive breastfeeding, breastfeeding self-efficacy and perception of milk supply among mothers in Singapore: A longitudinal study. *Midwifery*. 2019 Aug 29. <https://doi.org/10.1016/j.midw.2019.102532>
- Liu C, Tham CW, **De Roza J**, Chong BY, Koh YL & Tan NC. The Association Between Beliefs and Adherence to Inhaled Controller Medication Among Older Adults with Asthma: A Cross-Sectional Study in Primary Care. *Patient Preference and Adherence*. 2020 August 4. doi: 10.2147/PPA.S266871
- Soh BFJR, Ang WHD, **De Roza JG**, Quek IP, Lim PS & Lau Y. They Are Partners in Care: A Qualitative Exploration of Physicians' Perceptions of Primary Care Advanced Practice Nurses. *Journal of Nursing Scholarship*. 2021 April. doi:10.1111/jnu.12665

- Liu C, **De Roza J**, Ooi CQ, Mathew BK, Elya & Tang WE. Impact of patients’ beliefs about insulin on acceptance and adherence to insulin therapy: a qualitative study in primary care. BMC Primary Care. 2022 January 20. doi: 10.1186/s12875-022-01627-9
- Mathew BK, **De Roza JG**, Liu C, Goh LJ, Ooi CW, Chen E, Poon S & Tang WE. Which Aspect of Patient–Provider Relationship Affects Acceptance and Adherence of Insulin Therapy in Type 2 Diabetes Mellitus? A Qualitative Study in Primary Care. Diabetes, Metabolic Syndrome and Obesity: Targets and Therapy. 2022 Jan 26.
- Ding TYG, **De Roza JG**, Chan CY, Lee PSS, Ong SK, Lew KJ, Koh HL, Lee ES. Factors associated with family caregiver burden among frail older persons with multimorbidity. BMC Geriatrics. 2022 Feb 28; 22:160. <https://doi.org/10.1186/s12877-022-02858-2>
- **De Roza JG**, Ng DWL, Mathew BK, Jose T, Goh LJ, Wang C, Soh CSC, Goh KC. Factors influencing fear of falling in community-dwelling older adults in Singapore: a cross-sectional study. BMC Geriatrics. 2022 Mar 07; 22:186. <https://doi.org/10.1186/s12877-022-02883-1>
- **De Roza JG**, Ng DWL, Wang C, Soh CSC, Goh LJ, Mathew BK, Jose T, Tan CY, Goh KC. Impact of Perceived Safety and Barriers on Physical Activity Levels in Community-Dwelling Older Adults During the COVID-19 Pandemic in Singapore: A Cross-Sectional Mixed Methods Study. Journal of Aging and Physical Activity. 2022 Jul 12. doi: 10.1123/japa.2021-0184
- Chan CY, **De Roza JG**, Ding GTY, Koh HL, Lee ES. Psychosocial factors and caregiver burden among primary family caregivers of frail older adults with multimorbidity. BMC Primary Care. 2023 Jan 30;24(1):36. doi: 10.1186/s12875-023-01985-y.

### Notable Research Awards & Grants from Past 5 Years

Name of Awards & Grants	Year Obtained
Nurses’ Merit Award, Ministry of Health	2019
NHG Clinician-Scientist Preparatory Programme (CSPP)	2021